Herald Publications - Torrance, El Segundo, Manhattan Beach, Hawthorne, Lawndale, & Inglewood Community Newspapers Since 1911 - (310) 322-1830 - Vol. 3, No. 3 - January 17, 2013

# Inside This Issue **Business &** Professional.....9 Business Briefs.....4 Calendar......3 Classifieds .....10 Crossword/Sudoku.....10 Food ......7 Pets.....11 Police Reports.....3

Real Estate.....12

Sports.....5

TerriAnn in Torrance......2

# Weekend **Forecast** Friday Sunny 75°/51° Saturday Mostly Cloudy 75°/50° **Sunday** Sunny 74°/51°

# Congresswoman Maxine Waters Sworn in to 113th Congress



Congresswoman Maxine Waters has been sworn in as a Member of the 113th Congress. This marks the beginning of Congresswoman Waters' twelfth term in office. She will now represent California's 43 rd Congressional District (previously 35th), which includes the communities of Westchester, Playa Del Rey, Lennox, West Athens, West Carson, Harbor Gateway and El Camino Village, and the cities of Gardena, Hawthorne, Inglewood, Lawndale, Lomita and Torrance. Constituents may contact Congresswoman Water's Los Angeles office at 323-757-8900. Photo courtesy of the Office of Congresswoman Waters.

# **Senior Excursion Program** Receives Additional Funding

By Dylan Little

At its Tuesday night meeting, the Torrance City Council decided to restore \$7,000 in subsidy funding to the Senior Citizen Excursions program. After a review on subsidy levels for the excursion program, the Madrona Marsh and the Torrance Art Museum by the Citizen Development and Enrichment Committee, the Council decided to increase funding for the senior program while keeping the fees for other City programs flat. Councilmember Bill Sutherland said that while he previously voted to decrease funding for the excursion program, he changed his mind and sees adding \$7,000 to the program as a "no-brainer."

"I was one of the ones that voted for the cut," said Sutherland. "I don't think I realized the amount of effect it would have. I'm thinking the seniors of Torrance had enough money that if they have to fork out another 20 bucks a week, they can all do it--but evidently that's not that case. There are quite a few people in Torrance that are living on fixed incomes, and when all of a sudden you have \$10 left on payday and you raise your fees \$20 for this and \$10 for groceries, it gets a little much. And should we take care of seniors who have taken care of us all our lives? I think that is a yes. Yes, there has to be a limit. We can't pay them 100 percent, but I think putting the \$7,000 back in is a nobrainer. I'd like to apologize for myself for not realizing the effect a small cut would make. For us a small cut is probably incidental, but to a senior on a fixed income it is quite phenomenal."

Part of the decision to subsidize a discretionary offering like the excursion program is because there is still unspent funding for the program. According to Councilmember Tom Brewer, the \$7,000 in extra fund exists because of previously canceled senior excursions. "[The \$7,000] that's coming from some savings we've already made because we didn't have some trips this fiscal year," said Brewer. "The \$7,000, my understanding--that it is in the budget right now, so it's tapping into something in the future."

The Citizen Development and Enrichment Committee also recommended \$25,000 in

funding for excursions for the next year, which didn't sit well with everyone on the dais. Councilmember Susan Rhilinger made it clear that before endorsing extra funding for next year's budget that she would like to look into other ways to help seniors in the community, such as the recently ended trailer park housing subsidy and other City programs focused on feeding and sheltering the elderly.

"If we are going to be considering this additional funding for this excursion program in the next budget process, I'd also like to bring back to the budget process information on how that [trailer park housing] subsidy program that was done away, what effect that is having, are we having problems with seniors needing the

money because they don't have money for rent and for the lunch program," said Rhilinger. "If we are prioritizing what the seniors need and finances are getting really tight, I'd like to take care of those needs before we take care of the subsidies for the travel program. I just can't believe that we haven't heard from those people who used to get the money. That's a real need that has to be addressed and maybe it's a more important need than travel."

Commission on Aging Vice-Chair Leilani Kimmel-Dagostino offered her reasoning why the excursion program was valuable to seniors. She said not only does it allow seniors to see more of their world, but it also creates new

See City Council, page 3

## **Torrance Teachers Recognized for Innovation During Annual Pegasus Awards**

By Cristian Vasquez

Administrators, teachers and City officials were all present during ExxonMobil's Torrance Refinery 16th Annual Pegasus STEM Awards ceremony in December. The Pegasus STEM Awards recognizes and aids the development of innovative educational projects by giving an opportunity to local teachers to enhance their classroom curriculum. In 2010, the program was restructured to focus on STEM (Science, Technology, Engineering and Math) projects.

"We focus on education and in particular on STEM education. Basically what we are trying to do is support and recognize those teachers that bring proposals for specific projects," ExxonMobil Torrance Refinery Manager Pablo Borgnino said. "Every year, the community tells us that they expect businesses to support education, so our focus and the community's focus is the same. And because of this, the Pegasus STEM Awards is one of the Torrance Refinery's largest community programs."

Through a 20-person grant committee Torrance Unified School District consisting of ExxonMobil employees and community volunteers, a total of 62 grant proposals submitted by 76 Torrancearea teachers were analyzed. Of the 62 proposals, 34 won a grant and 47 teachers were recognized for their efforts and contributions. One of the teachers singled out was Madrona Middle School's Marissa Stillittano, science and leadership teacher, who was also recognized as the Torrance Unified Teacher of the Year.

"I was thrilled about this particular grant because it is for starting a Science Olympiad team," said Stillittano, who alongside Nancy Ton and Heather Rocha will coach the Olympiad team. "I was excited, but also a bit nervous about the whole thing. I have never coached a competitive science team before. This money give us not only the opportunity to form the team, but for us as coaches to learn more about different areas where we teach. It also gives us the opportunity to give kids the chance to work with more of the engineering aspect

See ExxonMobil, page 9

# TerriAnn in Torrance

# **Follow Your Dreams**

## TerriAnn Ferren

This year, the City of Torrance was once again part of the Pasadena Rose Parade with its float entry Follow Your Dreams. For me, most new years begin quietly with a cup of coffee as I snuggle up on the couch and watch the parade on television as it glides down Colorado Boulevard. But this year was completely different. This was the year that I set my alarm clock for 5 a.m., dressed quickly and headed down the Harbor Freeway toward Pasadena. It was dark as I began the journey and very few cars were on the road--but as I neared my destination, the traffic picked up and huge tour busses with slogans on the back saying "special passengers aboard--drive safely" zipped past me. The sun was rising as I neared Pasadena, arriving at my son Christopher and family's house as they were getting ready to go to the parade. Bundled up in our coats and carrying provisions of hot chocolate, coffee and snacks, we eagerly headed toward Colorado Boulevard. I noticed one family walking across the street carrying two step ladders and a long wooden plank. Rather resourceful! Because "the kids" live in Pasadena, it was easy to maneuver the crowded streets to our reserved bleacher seats. It was very cold that morning and the metal Club. It was that very club that started the parade and Mr. Torrance used the opportunity to promote his new city. How fortunate we are to have such a long, continuing history with the Tournament of Roses. This year the parade is being presented by Honda, which coincidentally has its North American Headquarters located in our city.

We heard the parade coming and everyone was craning their necks to see the first float. What is it about a live marching band? "It's coming!" someone yelled excitedly from the stands. True enough. As the first band and the large Honda float glided past, memories of watching the parade on television flashed before my mind and I thought this was much better. Then the U.S. Marine Corps Band passed by with its precision cadence and booming instruments. I remembered what my father-in-law always says as they pass: "Pay attention and notice how their hats glide along as the band marches--they don't bob up and down." Do I need to add that he was a United States Marine?

The City of Torrance float, *Follow Your Dreams*, was near the front of the parade. A large rainbow with a boy in a hammock caught my attention, and there was a spaceship on



Department of Defense 60th Anniversary of the Korean War float - Freedom is not Free.

Performing in front of the Pasadena City College Tournament of Roses Honor Band, a baton twirler was making a sensation. She not only twirled her baton, but flung it high, bounced it on the ground, danced when it wasn't flowing through her fingers-and all in all, put on one fabulous baton show. Jasmine Pressley was sitting behind my son and told me she knew the baton twirler. Jasmine told me her name is Rebecca Lantz and she is 16 years old and in the 10th grade. I asked Jasmine how she knew Rebecca and she proudly told me, "She [Rebecca] has been doing this forever--ever since she was four years old. Well, our daughter does the same thing. Her name is Caitlin Pressley and they are part of the Fantasia Baton Twirling Group. It's a Riverside-based baton twirling group. They are very competitive, so they are very good."

I remember when my cousin Cookie Wilson used to twirl a baton when she was seven years old with the Keystone Cuties Baton Twirling Group. My family would travel to cheer her on in parades and I remember watching with amazement and admiration as she twirled her baton with effortless motion. Cookie's group competed all over Southern California, but their big parade performance was always when they participated in the Hollywood Christmas Parade. Cookie told me she still remembers her teacher telling the group, "'Keep your knees up and your toes down!' Now, they don't wear boots. They wear tennis shoes, but you know you can't point your toes in boots!"

Around 10:15 a.m., the sun began warming things up and the beautiful and inspiring floats

continued passing by against the stunning backdrop of chiseled mountains and palm trees. What a beautiful New Year's morning! Bands are a favorite of the crowds, but nothing is as wonderful as seeing horses make their way down Colorado Boulevard (always followed by a clean-up crew). Many elegant and magnificent horses were featured in the parade including those from *Medieval Times*. Michael Vila, dressed in gold, proudly rode his white horse--truly playing the part of the king.

Queen Vanessa Manjarrez, her princesses and all the people in the parade have this "waving" thing down pat. I am not sure if they actually have to practice it or if it is something you just do when you are in a parade (if you aren't either playing an instrument or involved in some other activity). Seems to me you have to hold your elbow up shoulder height and swivel your wrist and forearm for the perfect wave. Oh, and don't forget to smile! Can you imagine how much energy it takes to do that all the way down the parade route?

Toward the end of the parade, it had warmed up considerably and a beautiful New Year's Day had begun. I had spent the first day of 2013 with family and although it was an effort to get up so early in the morning, it was truly worth the effort. So many people spent so much time and energy on this very special tradition. The Torrance float, *Follow Your Dreams*, was beautiful and the next time I take a walk down the hallway in the Community Services building to see all the framed pictures of past floats, I will remember my very first Rose Parade. •



A Healing Place - The Nurses Float by the Phoenix Decorating Company.

seat felt like a block of ice. The brave souls who spend the night curbside are heartier than I am... Our seats were located on the bleachers on Colorado Boulevard just east of Hill across from the Carl's Jr. Programs were sold by the Boy Scouts along with a free chocolate. From my vantage point near the top of the bleachers I saw smiling, cold faces as people greeted those they met with "Happy New Year!"

Sitting close behind me (let's just say the seats are cozy) were Chris and David Currall, who told me this was their very first Rose Parade as well. "We just bought them [the tickets for the bleachers] last week kind of on a lark," said Chris. "We live in Palmdale. We have a motor home and parked it up the street." They too were prepared for the cold morning all bundled up in their warm coats as sounds of the beginning of the parade wafted our way.

Excitement filled the air as all heads turned up the street to watch the policemen on motorcycles, complete with roses on the back ends of their bikes, weave back and forth to clear the street. Since we were seated in section two of three sections, the parade didn't actually make it to us until about 8:50 a.m. Of course, the parade began at 8:00 a.m. sharp.

Sitting in the bleachers was a thrill. All my life I have wanted to come to this very special parade. When I was young we used to always view the floats up close after the parade, but they were just sitting there parked. Granted they smelled heavenly, but little if any of the animation was working. Actually being here at the Rose Parade is an experience I shall never forget.

Torrance participates in the parade largely because our founder, Jared Sidney Torrance, was part of the original *Pasadena Valley Hunt*  the back and a girl reading a book. Above it all were floating clouds. It was beautiful! To think the City of Torrance has a float in the parade every year seen on television around the world is remarkable! It is a testimony to the City, the *Rose Float Association* and the many volunteers who donate hundreds of hours to help make our float a standout year after year.



Torrance float makes its way down Colorado Boulevard. Photos by TerriAnn Ferren.

## <u>People</u>

#### **CONGRATULATIONS**

The following students, all Torrance residents, graduated from Azusa Pacific University on Saturday, December 15, 2012 at the winter commencement ceremonies:

Oluwaseyi Fabuluje graduated with an Applied Exercise Science degree in Bachelor

Eileen O'Neall graduated with a Music degree in Bachelor of Arts.

Lolymiya Wagner graduated with a Nursing degree in Bachelor of Science in Nursing.

Sarah Marie Smotherman, of Torrance and majoring in Mathematical Sciences, has been named to the President's List at Clemson University for the fall 2012 semester. •

# lendar

- Paperback Book Sale, 9 a.m.-4 p.m., Katy Geissert Civic Center Library, 3301 Torrance Blvd.
- Free Financial Workshop: Taking Care of your Financial Health - ABC's of Individual Taxes in 2013, 9-11 a.m., Torrance Memorial Medical Center, 3330 Lomita Blvd. For more information call (310) 517-4728.
- "Is it Magic, or Is it Science?" simple science experiments, 2 p.m., Southeast Library, 23115 Arlington Ave. Free programs suitable for ages five and up. For more information call (310) 618-5964.

### Sunday, January 20

- The Torrance Chinese School's 2013 Student Talent Show, 2 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171. Wednesday, January 23
- "Fire and Ice" science demonstrations, 4 p.m., Henderson Library, 4805 Emerald St. Free programs are suitable for ages five

and up. For more information call (310) 618-5964.

#### Thursday, January 24

• South Bay Ostomy Group Meeting, 7:30 p.m., Torrance Memorial Medical Center, 2nd floor # "B", 3300 Lomita Blvd. For more information call (310) 548-8558 or (310)

- The Torrettes Winter Show, 7:30 p.m., Ken Miller Auditorium, 3341 Torrance Blvd. For more information call (310) 781-7171.
- Musical Mornings, 10:30 a.m., Katy Geissert Civic Center Library, 3301 Torrance Blvd. For more information call (310) 618-5964.
- Big Drum/Small World, 8 p.m., James Armstrong Theatre, 3330 Civic Center Drive. For more information call (310) 781-7171. Tuesday, January 29
- City Council Meeting, 7-10 p.m., City Hall, Council Chamber, 3031 Torrance Blvd. For more information call (310) 618-2870. •

## City Council

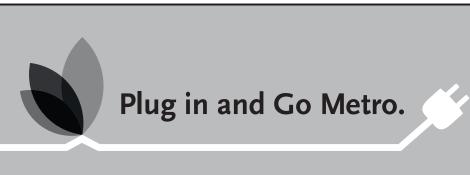
from front page socialization and a way of getting out in the friendships and ultimate ly improves their

quality of life and mental well-being. "These tours provide valuable socialization for these seniors," said Kimmel-Dagostino. "Many of them do not drive or can't get out at all, and the fact that they can't interact closes off their lives and probably affects their mental health. It's not all just fun and games—it's a matter of

world, expanding their horizons and hopefully lengthening their lives." The Council also celebrated City Manager

LeRoy Jackson's 30th year in the position, which according to Mayor Frank Scotto puts him among the longest tenured city managers





# Metro Brief

**SOUTH BAY** 

## **Metro Installing EV Charge Stations**

Metro is the first transit agency in the nation to introduce electric vehicle (EV) charge stations at rail station parking lots. Five Metro Rail stations will have them: Union Station, Sierra Madre Villa, Universal City, El Segundo, and Willow. Riders with EVs can charge their cars while using the Metro system. More at metro.net/ev.

## Get Your ExpressLanes Transponder

Thousands of motorists are getting through traffic faster by using the new Metro ExpressLanes on the I-110 Harbor Freeway, which will soon be expanded to a 14-mile stretch on the I-10. All you need is a FasTrak® account and transponder; to get yours, visit metro.net/expresslanes.

## **Lane Closures Ahead For Sepulveda Pass**

Individual lane closures for resurfacing and striping are on the schedule for early this year on the I-405 Freeway in the Sepulveda Pass as part of the freeway improvements project. Check *metro.net*/405 for the latest information on closures and construction schedules.

## **Private Sector Considered For Pass Improvements**

Metro is looking to the private sector for future improvements to the Sepulveda Pass Corridor. Being considered are adding another connection between the Valley and Westside with either a rapid bus transit system or a tunnel under the pass; a publicprivate partnership would accelerate the project.

## Metro Runs Weekends 'Til 2am

All Metro Rail lines, along with the Metro Orange and Silver lines, provide extended service running until approximately 2am on Friday and Saturday nights. Catch the overtime action, stay for the encore or take time for a bite to eat and still count on Metro for your ride home! For exact schedules, check metro.net.



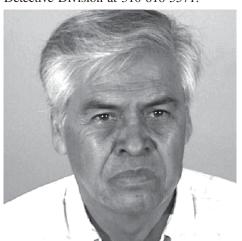
If you'd like to know more, visit metro.net.

# **Police Briefs**

## SEXUAL ASSAULT ARREST DR# 120072211

Torrance Police Detectives arrested a 67-year-old male from the City of Torrance on various sex-related charges stemming from an incident that occurred in 2008. Jose Mendez Vazquez, of Torrance, was taken into custody without incident after Detectives investigated allegations that he had sexually molested a 4-year-old female outside his residence approximately four years ago. Vazquez posted bail following his arrest. He was arraigned last week and charged with multiple counts of child molestation. It is believed Vazquez worked as a Worship Leader at several local churches throughout the South Bay that specialize in Spanish masses. Vazquez may have been in contact with juveniles while there. This crime is being investigated under the command and direction

of Captain Bernard Anderson of the Special Operations Bureau. Anyone with additional information about Vazquez is encouraged to contact the Torrance Police Department Detective Division at 310-618-5571.



The crimes listed are crimes where a report was taken by law enforcement agency and submitted for investigation. The outcome of the investigation or any criminal court proceeding are not considered when reporting crimes. The crimes are listed as follows: arson, simple assault, aggravated assault-weapon, auto theft, auto burglary, commercial burglary, residential burglary, homicide, strong-arm robbery, robbery with a weapon, theft and vandalism. The City of Torrance, or its employees or agents, shall assume no liability for: 1. Any errors, omissions, or inaccuracies in the information provided regardless of how caused; or 2. Any decision made or action taken or not taken by reader in reliance upon any information or data furnished hereunder.

## **JANUARY 5**

**Burglary Residential**: 2600 BLOCK 235TH ST Suspect(s) enters secured garage by unknown means and unbolts/ takes property off of victim's motorcycle/saddlebags, jacket, rain suit, rain gloves, motorcycle cover, boot covers.

Vandalism: 4700 BLOCK 191ST ST Suspect(s) pours dirt in the oil filter of victim's vehicle.

Auto Theft-All: 2300 BLOCK ARLINGTON AVE Stolen vehicle: '09

Vandalism: 1900 BLOCK CARSON ST Suspect(s) shoots BBs at business window,

shattering same/no entry, no loss.

Burglary-Commercial: 2800 BLOCK SKYPARK DR Suspect(s) defeats lock and takes property from locker/pants, wallet, watch, keys.

**Burglary-Commercial**: 2300 BLOCK ABALONE AVE Suspect(s) pries door frame for entry, ransacks and takes property from storage unit/TV, DVD player, bins of toys, records, record player, guitar, 8-track tapes, VHS tapes, stuffed animals.

Burglary-Auto: 2000 BLOCK 233RD ST Suspect(s) defeats lock on vehicle's tool bin and takes property/tools.

Vandalism: CARSON ST & MADRONA AVE Suspect(s) smashes victim's vehicle's window by unknown means as victim waits at a traffic signal.

Burglary-Commercial: 1700 BLOCK CARSON ST Suspect(s) enters unlocked (not yet open) business and takes property from the rear office/purses.

Burglary-Auto: 2900 BLOCK SEPULVEDA BLVD Suspect(s) smashes window for entry and takes property/purse.

Vandalism: 18700 BLOCK CORDARY AVE Suspect(s) throws bricks through two of victim's residence's windows/no entry, no loss.

## **JANUARY 4**

Theft: 300 BLOCK PALOS VERDES BLVD Suspect(s) takes property from victim's residence during renovation/jewelry, knitting kit, web cam. •





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# Hometown Recruits

### **AIRMAN 1ST CLASS JANETTE MORRISSETTE GRADUATES FROM MILITARY TRAINING**

Air National Guard Airman 1st Class Janette Morrissette graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. Morrissette is the daughter of Diane Althoff of Deodar Avenue, Oxnard, and Ronald Morrissette of North Mills Avenue, Claremont. She is a 1999 graduate of Bishop Montgomery High School. She earned an associate degree in 2001 from El Camino College.



""This nation will remain the land of the free only so long as it is the home of the brave."" ~ Elmer Davis

## AIRMAN HERBERT E. RAMIREZ **GRADUATES FROM MILITARY TRAINING**

Air Force Airman Herbert E. Ramirez graduated from basic military training at Lackland Air Force Base, San Antonio, Texas. The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills. Airmen who complete basic training earn four credits toward an associate in applied science degree through the Community College of the Air Force. Ramirez is the son of Dania Rivas of Beechview Lane, Katy, Texas. He is a 2010 graduate of North High School.



# <u>Business Briefs</u>

## NOON NETWORKERS BNI HOSTS **VISITOR'S DAY**

The Torrance Noon Networkers BNI will be hosting a Visitor's Day on Wednesday, Jan. 23, from 11:45 a.m. to1:30 p.m. at the South End Racquet and Health Club, 2800 Skypark Dr., Torrance. Lunch will be served for a cost of \$15. This offers an opportunity to network with at least 80 other business professionals and attendees are urged to bring business cards. Please RSVP to Kay at 310-890-6407.

#### FINANCIAL ADVISOR HOSTS **INVESTMENT WORKSHOP**

Financial Advisor Brian L. Wong of Waddell & Reed, Inc. will host an educational workshop focusing on financial investment fundamentals on Tuesday, Jan. 22, from 6 p.m. to 7:30 p.m. at Waddell & Reed's Torrance office, 3625 Del Amo Blvd., Suite 360. Light refreshments will be served. Please RSVP to 310-371-7036, ext. 160 or blwong01@ wradvisors.com by Friday, Jan. 18.

### FREE INTRODUCTORY SEMINAR TO DEVELOP BUSINESS WEBSITE

Charles Lowe, Business Advisor with the Small Business Center, Los Angeles Regional Network, will identify successful strategies in developing business websites on Thursday, Jan. 17 at 8 a.m. at Marie Callender's Restaurant, 21211 Hawthorne Blvd. in Torrance. This meeting is sponsored by South Bay's Business Plus Networking Group. Participants will have an opportunity to introduce themselves and promote their businesses. Persons may confirm attendance and learn more about South Bay's Business Plus Networking Group by visiting: www.meetup.com. For questions, please contact: Michael Helin at Aim118@ AimMailCenters.com.

#### **ANNUAL CELEBRATION OF COMMUNITY SPOTLIGHTS GOOD DEEDS**

On Thursday, February 7, at the DoubleTree Hilton the Fourth Annual Celebration of Community, hosted by the Kiwanis Club of Torrance will provide its annual luncheon recognizing the numerous service organizations and nonprofits in the local area. The event is open to the public and will feature Torrance Mayor Frank Scotto, who will recognize the organizations in attendance. Torrance has numerous nonprofits, service organizations and volunteers who seek out and support those who are less fortunate or in need. Torrance Club of Kiwanis created Celebration of Community over five years ago to recognize the city's many nonprofits and service organizations. The luncheon will be take place on Thursday, February 7 from noon to 1:30 p.m. Presale tickets are \$35 per person and \$40 at the door. The event is open to the public. Nonprofits and service organizations that would like to be recognized in this event or for ticket information, please contact LaShanda Maze at 310-436-8921.

#### COAST GUARD EXPECTS HIGHER **USE OF TORRANCE AIRPORT**

Coast Guard Air Station Los Angeles personnel will be completing their annual flight crew standardization checks from Jan. 28 through Feb. 7. Residents living near the Torrance Airport can expect to see and hear the air station's MH-65 Dolphin helicopters more frequently during that time period. In an effort to reduce the frequency of flights near Torrance, multiple airports are being used throughout the Los Angeles area. Every Coast Guard air station must complete the two-week check, conducted by Coast Guard instructors from the service's training center in Mobile, Alabama. The purpose of the flight checks is to test a pilot's ability to handle emergencies like an engine failure and other critical facets of being a military aviator. The Coast Guard fully recognizes the impacts caused by the noise of the helicopters and is taking all possible steps to keep the flights as short as possible. These checks will be conducted primarily during the hours of 9 a. m. and 5 p. m. •

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American Tire 22940 Hawthorne Blvd.

Arco 23510 Crenshaw Blvd.

Arico Hallmark 3856 Sepulveda Blvd.

Artesian Car Wash 17500 Prairie Ave.

Benihana 21327 Hawthorne Blvd.

Billy's Deli & Cafe 5160 W. 190th St.

Bottle Shop 2087 Torrance Blvd.

Buffalo Fire Department 1261 Cabrillo Ave.

Capricciosa Italian 24301 Crenshaw Blvd

Chamber Of Commerce 3400 Torrance Blvd.

Chase Bank 2549 P.C.H., Torrance

Chateau Liquor 4545 W. Sepulveda Blvd.

Chinese Shanghai Restaurant 2880 P.C.H., Torrance Coffee Bean & Tea Leaf 21300B Hawthorne Blvd.

New Cookin' Stuff 2722 Sepulveda Blvd., Torrance

Cop-A-Tan 24231 Crenshaw Blvd.

Cousin Vinny's Cafe 5150 W. 190th St.

Creative Cuts Int'l. 21217 Hawthorne Blvd.

Crest Restuarant and Bar 1625 Cabrillo Ave.

Dee Hardison Gym 2400 Jefferson St.

Del Amo Car Wash 20505 Hawthorne Blvd.

Del Amo Professional Pharmacy 21320 Hawthorne Blvd.

Dino's Burgers 1975 Torrance Blvd.

Eddie's Barber Shop 2455 W. Sepulveda Blvd.

El Camino College 16007 Crenshaw Blvd.

El Pollo Inka 23705 Hawthorne Blvd.

Frank's Liquor 1601 Cabrillo Ave.

Froots 21219 Hawthorne Blvd.

Griffith Adult Center 2291 Washington Ave.

Hamilton Adult Center 2606 W. 182nd St.

Hof's Hut 23635 Crenshaw Blvd.

Home Team Realty 23900 Hawthorne Blvd.

Jack's Pizza 5007 P.C.H., Torrance

1-Naba Japanese Restaurant 20920 Hawthorne Blvd.

Ken's Market 901 Inglewood Ave., Redondo Bch L. A. Fitness 3550 W. Carson St #404

La Cocina 4438 182<sup>nd</sup> St., Redondo Bch. Lingley Chevron Extra Mile 23420 Crenshaw Blvd.

Little Company Of Mary Hospital 4101 Torrance Blvd.

Little Company Of Mary Medical Cntr 4201 Torrance Blvd.

Courtyard Torrance 1925 190th St.

Massey's House of Flowers 25929 S. Western Blvd. Miyako Hybrid Hotel 21381 S. Western Ave.

Mercedes Benz of South Bay 3311 P.C.H., Torrance

Golden Camel 21006 Hawthorne Blvd. Pacific Porsche 2900 P.C.H., Torrance

Palos Verdes Bowl 24600 Crenshaw Blvd.

Pediatric Therapy Network 1815 W. 213th St., Suite 100

Infiniti South Bay 3233 P.C.H., Torrance

Power Volvo 3010 P.C.H., Torrance

Pregnancy Help Center 1311 Crenshaw Blvd., Suite A

Prudential Real Estate 23530 Hawthorne Blvd.

Ralphs 1413 Hawthorne Blvd.

Ralphs, 5035 P.C.H., Torrance

Rascal's Teriyaki Grill 5111 Torrance Blvd.

RE/MAX Exec South Bay 23740 Hawthorne Blvd.

Residence Inn 3701 Torrance Blvd.

Seashore Chinese 5137 Calle Mayor

Seafood Town Chinese Resturant 22922 Hawthorne Blvd.

Shakey's Pizza 5105 Torrance Blvd., Torrance

Shoe Dog 25359 Crenshaw Blvd.

Shorewood Realty 1009 Torrance Blvd.

Sign-A-Rama 1820 W. Carson St., Suite 204

Snax Restaurant 4535 Sepulveda Blvd.

South Bay BMW 18800 Hawthorne Blvd.

South End Racquet & Health Club 2800 Skypark Dr. Southeast Torrance Library 23115 Arlington Ave.

Southwood Dry Cleaners 22232 Palos Verdes Blvd.

New Spires Restaurant 1750 Sepulveda Blvd Starbuck's Coffee 5005 P.C.H., Torrance

> Staybridge Suites Hotel 19901 Prairie Ave. T.R.G. Real Estate Group 3480 Torrance Blvd.

Manee Thai Massage 24020 Vista Montana #A

The Depot 1250 Cabrillo Ave.

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## What Becomes of Armstrong's Legacy?

#### By Adam Serrao

Lance Armstrong will admit to doping during his cycling career on a national stage when he takes the air with Oprah Winfrey on her television network, the Oprah Winfrey Network. The interview was scheduled to have taken place last Monday, January 14 from Armstrong's house in Austin, Texas, but won't broadcast until three days later (this Thursday), USA Today reported. Armstrong, 41, has repeatedly denied using any type of performance-enhancing drug to aid his star-studded career, so his agreement to confess comes as somewhat of a shock. His confession, however, will not give any detail to specific cases and events and is designed to allow him to continue to participate in the competitive sports (such as cycling) that he has loved all of his life. With the damage already having been done to the name and reputation of Armstrong, will this confession serve to even further destroy the legacy of one of the world's most decorated and popular athletes of all time?

Lance Armstrong has repeatedly won on cycling's biggest stage, having taken home seven Tour de France titles in his professional career. He was also previously the proud holder of five Laureus World Sports Awards, six ESPY awards and even one Nickelodeon Kids' Choice Award. A role model in every facet of his life back then, Armstrong is now viewed as the complete opposite, particularly by the U.S. Anti-Doping Agency that just last August stripped Armstrong of his seven Tour de France victories after he was being formally accused of doping and failing to take the case to arbitration. Many viewed this to be a form of admission in itself. Armstrong lost the titles because of what the USADA claimed was a "career fueled start to finish by doping," an accusation that he has finally found the courage to admit to on a national stage. Not only did Armstrong do it to himself, though, but he has been accused of forcing teammates to dope or be fired from the U.S. Postal team while he himself used testosterone, erythropoietin, and even transfused his own blood to gain a competitive advantage--all accusations that Armstrong has finally agreed to come clean about on television.

So what will this admission do to Armstrong's public perception? Well, besides the hit that it has already taken, his name will be forever etched in the sports dictionary under the word cheater. It's the same place where you find people's names like Barry Bonds or Mark McGwire who even themselves are having trouble getting any recognition for their popularity in baseball these days. One thing that we have learned is that America is extremely forgiving to the athletes who entertain us when it comes to public confessions. Alex Rodriguez did it, McGwire has done it and even Kobe Bryant has confessed to cheating on his wife and while formerly being looked down upon, he later went

in the state, if not the nation. Scotto praised

Jackson for his exceptional work, patience and

forward thinking. Scotto noted that Torrance and

Jackson are linked in the minds of many the

world over. He even joked that future residents

might create a statue to honor him. "People

in the city of Torrance...recognize that your

name, LeRoy Jackson, is synonymous with

**City Council** 

on to be one of the most successful basketball players in the history of the game. Perhaps the impetus behind Armstrong's decision is the same, as he may make an attempt to return to compete in elite triathlons or running events, but World Anti-Doping Code rules state that a lifetime ban cannot be reduced to fewer than eight years unless the person in question is more than honest and cooperative--in which case the ban can be reduced further. Being away from the game and the competitiveness of cycling for as long as he has now has clearly eaten Armstrong up inside. An apology doesn't cure everything, but a sincere confession, done the correct way, will surely do its part to tug at the strings of America's heart.

Jane Jordan-Meier, a founder and chief executive officer of the Media Skills Academy in Fairfield, California, described Armstrong's choice to confess as she sees it: "A confession, which is something that is highly elevated and more spiritual [than an apology], must absolutely come from the heart. It must be believable, it must be visceral in its very being, because that's how we react to people in a crisis," she said. Certainly in a crisis of his own, Armstrong has already lost all of his accolades and has been cut off by his sponsors including Oakley Inc., Anheuser-Busch InBev NV, Trek Bicycle Corp., and more, though he is still estimated to be worth around \$100 million. A confession may be the first step in the right direction for someone like Armstrong, who was previously so adored by the nation. "It's never too late," Jordan-Meier continued. "People confess on their death beds and it gives them peace of mind, because there's some dignity restored. It would bring back some integrity to the sport, to the fans, to themselves."

Integrity is certainly something that Armstrong is now lacking, but hopes to regain by picking out perhaps the most popular talk show host of all time to confess to the world and her audience. "I told her [Winfrey] to go wherever she wants and I'll answer the questions directly, honestly, candidly," Armstrong said about the upcoming interview.

Being direct and honest would be in Armstrong's best interest--not only for his own integrity and future in competitive sports, but for the integrity of his Livestrong Foundation as well. The Livestrong cancer-fighting charity that Armstrong founded in 1997 has inspired and empowered thousands of people debilitated by the disease that is cancer and has been Armstrong's single biggest contribution to the people that he lives amongst. No matter what shall ultimately be determined as Armstrong's lasting legacy, his fight to improve the lives of those affected by cancer should never be forgotten. For that reason, no matter what competitive advantage he has gained in his sporting career, Lance Armstrong's road to redemption should be supported by us all. •

the City of Torrance," said Scotto. "Someday

there is going to be a sign in Torrance, or a

Jackson humbly accepted the praise and

expressed his satisfaction with working in the City. "Torrance is an amazing city to serve,"

said Jackson. "[It] really believes in its citizens

and the community as a whole." •

statue of you."

## **Up and Adam**

## **Spartans Winning When it Counts**

#### By Adam Serrao

Since league play started, the South High Spartans have been showing that they have what it takes to compete with the best of them in the Pioneer League. Having put together a solid 10-5 record to start the season, South has laid the perfect groundwork to succeed against the teams that stand between them and a playoff berth this season. With a key matchup against the Lawndale Cardinals (who are challenging the Spartans for first place in the league) coming up this Friday, South has used games against the Torrance Tartars and the North High Saxons to gather a higher number in the win column while also gaining much-needed team chemistry under head coach Leo Klemm.

The Spartans barely snuck into the playoffs last year before they went on a run and took their streak all the way to the CIF Southern Section championship game against the Calabasas Coyotes. That game was over quickly, with Calabasas emerging as the victors, but South didn't walk away empty-handed. Their 30-point loss has stuck with the team to this day and has given returning players like Jake Ly and Kenichi Hackman added motivation to improve on their team's performance this year. It was Ly and Hackman who led the team against the last place Torrance Tartars when South needed a boost in the second half after being down by three points at the break. Ly had 12 points and eight rebounds for the Spartans and Hackman added 10 points as South clamped down on defense in the final period of the game, allowing the Tartars only four fourth quarter points and a total of 11 second half points to ultimately take the 49-37 victory in the league opener.

Next up for the Spartans was the North High Saxons, who were coming into the game off of an impressive victory against the Centennial Apaches. It was Hackman again who took charge to put the Spartans over the top, leading all scorers with 28 points in the game. Hackman's points came at a time when the Spartans needed them most,

as he dropped 14 of his 28 in the fourth quarter to send South to a 75-66 victory over North. South has now won five out of its last six games, with the only loss coming to a perennially elite Serra team by 11 points in the San Pedro tournament. At this time next week, the Spartans and Klemm will know exactly where they stand in relation to other teams in their division as they are scheduled to take on the first place Lawndale Cardinals and the third place Centennial Apaches in the thick of this season's league play.

## WEST HIGH

The West High Warriors suffered a disappointing loss to the Mira Costa Mustangs to begin their round of league play this season. It was all about the hot start for Mira Costa, which jumped all over the Warriors at the beginning of the game, leading by a 19-8 margin after the first quarter of play. The Warriors battled back in the second half, holding the Mustangs to only two third quarter points to cut their lead to three points at 35-32, but Mira Costa came out with the biggest quarter of the game in the fourth, putting up 21 points to ultimately send the Warriors away unhappy with a 56-47 loss.

West would get revenge in the team's next game against the Palos Verdes Sea Kings as the defense again stepped up to hold the team from the hills to only eight points in the entire first half and 16 through the first three quarters. Xavier Basso has been the standout on this West High ball club that currently finds itself in third place in the Bay League. He continued to lead the way against Palos Verdes by dropping 14 points on the night in West's 54-40 road victory. Though the victory was over the last place Sea Kings, the Warriors will take what they can in order to get their momentum back. The loss to Mira Costa was only their first in six games. West will take on the first place Leuzinger Olympians next week.

## NORTH HIGH

The Saxons are in the midst of an up and down season that has them looking for some See Up and Adam, page 10

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from page 3



# SDOPES /

# West High Girls Basketball Out Strong In League Opener

**Photos by Shelley Kemp** 

Showing superior speed and ball handling skills, the West Varsity Girls Basketball started its season off strong by overpowering Mira Costa in their Bay League opener, 41-34 at home. West, 12-6 (1-0), is in a strong position, ranked 3rd in CIF, and now on top of the early League standings. The well-balanced West attack was highlighted by seven different scorers: Sydney Chase, Kylie Fujioka, Kristen Kiehm, Kayla Sato, Hayley Tanabe, Mei Yamamoto, Justine Yamashiro. For more photos, please visit www.ShelleyKempPhotography.com.



Sophomore Kayla Sato drives along the baseline toward the basket.



Senior Sydney Chase prepares to go for 2. Chase led the Lady Warriors with a total of 12 points.



Senior Mei Yamamoto eyes the basket as she tries for 3 points.



After driving through Costa defenders, Senior Kristen Kiehm lays up for a basket. Kiehm contributed 6 points towards West's win against the Mustangs.



 $\label{thm:cost} \textit{Freshman Hayley Tanabe edges out Mira Costa defender as she drives to the hoop.}$ 



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and how to bang them

by Chef Shafer

## **73** Cooking Tips for 2013, #6 thru #8 (tips 1-5 published January 10)

- 6. When cooking pasta, always cook till 80 percent done, then cool with running water. Finish the cooking process in the pan with the sauce of choice. This way your pasta is still al dente and the sauce has coated the pasta thoroughly
- 7. Try to always use fresh herbs. Grow fresh herbs in pots on your deck or patio. They are cheap to buy at a home depot type store and when you grow them in pots they won't over run the rest of your garden. Also, changing them is easier.
- 8. When grilling fish, make sure your grill is clean and pre heated. Coat the fish with some oil and seasoning then place it on the hot grill. The preheating of the grill and the small amount of oil will assist you in being able to turn the fish over without it sticking too much. It's the New Year and we need to start eating better, or at least try to. So here is a great way to have a seafood dish that has no oil, butter, or cream, but still has lots of flavor. The Chef





ots N'

# Poached Seafood and Ginger Vegetables

For two:

2 4 ounce salmon filets

6 each large shrimp peeled and deveined

2 each large scallops

1 crown of broccoli cut into buds and the stem sliced thinly

4 mushrooms sliced

3 green onions cut in 1 inch pieces.

1 bulb of Bok Choy

½ teaspoon pickled ginger

<sup>1</sup>/<sub>4</sub> cup light or low sodium soy sauce

1 cup chicken broth or vegetable broth

Place the broth, soy, and ginger in a low pot or casserole dish that you can cover. Cover and bring to a slow rolling boil. Arrange the vegetables and fish in the boiling broth mixture and recover for 3 to 5 minutes or till the fish is cooked. Remove cover and serve. •



Live, Love, Laugh, Eat Chef Shafer, Owner/Chef of Depot, Buffalo Fire Dept., and the Downtown Torrance Market Place.

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## **Torrance-Based Businesses Featured at 2013 Consumer Electronic Show**

**Photos by David Bever** 

The 2013 Consumer Electronics Show (CES) was the largest in its 45-year history, with over1.92 million square feet of exhibits space, more than 3250 exhibitors and 150,000 attendees. Thirteen Torrance-based companies were present showing innovative products sure to capture the imagination of buyers from more than 170 countries in attendance.



Rydeen Jim Newell displays both large GPS displays and in-mirror GPS maps.



R.D.S Industries Executive VP Dave Albert shows us gaming cases. R.D.S. Industries employees 22 people and runs a 80,000 square



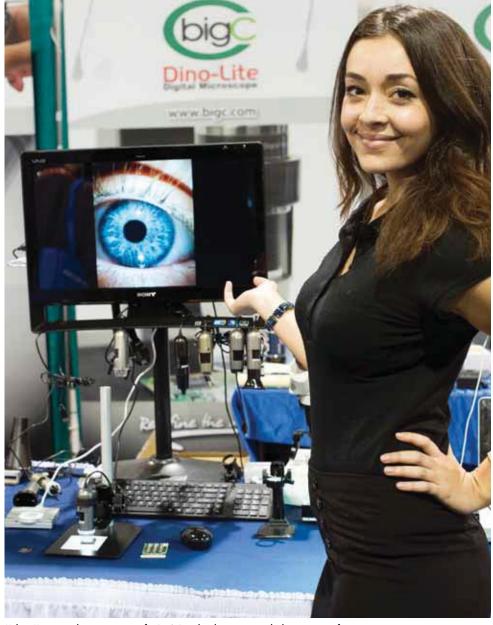
CEO Robert DuNaier of Performance Devices, a distributor of an electrostat speaker from King Sound.



Paul's Photo VP Mark Comon is the Master of Ceremonies for the Photo Marketing Association portion of CES. Paul's Photo was recognized as the Camera Store of the Year in the U.S. by the Photo Industry Reporter.



Sales manager Tristan Ma displays DiCAPac waterproof cases for all mobile phones.



Melissa Vasquez, sales representative for BigC: Dino-lite demonstrates a high power magnification microscope.

# A Student's Perspective

## **Have We Lost Our Adventurous Spirit?**

By Glen Abalayan, **Torrance High School Student** 

Our history is driven by adventurers who chose to defy what was considered impossible. With every successful endeavor came now discoveries which broadened men's perception of the world. This spirit of adventure is what drives humans into delving into the great unknowns and is what turns some brave men into legends. As our society changes from an active to a sedentary culture, could our once-adventurous spirit be lost as well?

I came upon this realization after watching Peter Jackson's film The Hobbit. The film revolves around a young Hobbit named Bilbo Baggins, who goes on a perilous adventure across Middle Earth with his band of 13 dwarves. After I watched the film, I had a yearning for adventure that was later fulfilled by choosing to walk a total of three miles different world outside their doorstep and believed that it was their obligation to explore this new domain. But as men grow up and enter the workforce, this adventurous attitude is suppressed as they are now confined to cubicles where they perform the same mundane activities in the monotonous cycle of everyday life. Nowadays it seems as if society does not want to come remotely close to such a subject, as it also conveys the concepts of risk and danger--two words any boss does not want to associate their business with today.

Adventure breaks the mold of everyday life. It is those who decide to break the barriers other people set who are cemented in history. Captain Cook, Marco Polo and Neil Armstrong would have never been remembered had they not dared to risk themselves for the sake of their curiosity.

"But as men grow up and enter the workforce, this adventurous attitude is suppressed as they are now confined to cubicles where they perform the same mundane activities in the monotonous cycle of everyday life."

home from the movie theatre. Although it might not have exactly been a trek across hundreds of miles of wilderness, it was still a trek nonetheless. But while I was on my own adventure, I found it quite odd how empty the sidewalks were.

It seems as if this generation has grown accustomed to the comfort that contentment brings. The feeling of contentment prevents adventures from ever blooming as the spirit of adventure derives from minds dissatisfied with their current state of being. But as our generation is growing ever more comfortable, we are gradually losing our audacity in exchange for the comfort of our own beds.

Humans are born adventurers. Adventure and curiosity go hand-in-hand and as long as men are curious, adventures will follow. During childhood, everyone had once come to the realization that there was an entirely Risks may surround life, but so does great opportunity. What is common in any great endeavor is its immense risk and equally gratifying reward.

What will we be remembered by when our generation is known for being caged in flimsy cubicles sentenced to do the same task for decades? History has shown time and time again that those who have graced its pages are also the ones who decided to dance with risk. Such risks have also come with great reward, as history has also shown that the greatest advancements in humanity are the result of great adventures. A complacent and comfortable generation will never be an adventurous one and for our generation to ever rival those of our ancestors, we must dare to break the bonds society uses to suppress our adventurous spirit and become adventurers again. •

## **ExxonMobil**

of science. We don't get to do a whole lot of that in the classroom, so it is pretty exciting

ExxonMobil awarded a total of \$100,000 to Torrance Unified School District (TUSD) teachers to enhance STEM education. The money and support provided through such recognition is something that members of TUSD fully appreciate given the State's ongoing financial struggles and because of the relationship created between the two entities.

"When you can have the corporate world get together with education, you really make the kinds of connections that we need to make in planning for the future of our children. Our students are going to be their future-hopefully future engineers and scientists, and businesspeople working with corporations and businesses here in Torrance," TUSD Director of Curriculum Dr. Ramona Chang said. "So working closely with a Corporation like ExxonMobil really helps our educators understand what they are looking for and to also provide our students with opportunities to be able to see what is out there for their future and what types of things they need to prepare for in the business world."

For Madrona Middle School Principal Dr. Ronald Richardson, having a corporation like ExxonMobil recognize and reward the innovation of everyday teachers has an everlasting impact on the District as much as it does on the students. "The Pegasus Award is a really exciting award because it encourages our teachers and administrators to be creative and imagine possible educational programs and activities that we would normally would probably not afford," Dr. Richardson said. "It gives special emphasis and encouragement to creativity. That, plus the focus on STEM, gives us a great deal of flexibility and encourages us to start thinking of ways to improve our delivery of programs and to get students more excited about what we are doing here at the school."

The grant money will fund a variety of programs and projects at each of the school sites from where the grant proposals were submitted. It is expected that these programs and projects will enhance the learning experience

of the students while simultaneously enhancing teachers' ability to engage students.

from front page

"We believe that education is the key to progress, development and economic growth," Borgnino said. "We also believe that a stronger focus on STEM education in our schools will help our students to better compete in today's very high-tech world. We want them to succeed in the global community of the 21st Century. That is why we focus our community support on STEM education for both teachers and students."

Dr. Chang concluded, "We are lucky in our district that we have such outstanding professionals. It is such a pleasure to work with so many teachers and educators who really are constantly thinking about different ways of opening up learning opportunities for our students. It is exciting with the work focused on science, technology, engineering and math that it is a local sponsor behind the projects that we are able to provide."

All of the winners of the Pegasus Award are from the local elementary schools are: Allen Chin, Melissa Pioch and Leah Wolverton Adams Elementary; from Anza, Beth Newell and Lindy Lee; from Edison, Darlene Azzam, Jodi Branley, Jody Bubica, Linda Jackson, Teri Matis and Gloria Matoba; from Fern, Susanne Ahola, Janis Byars, Maria DiMeglio, Lynette Hagen, Laurene Hegge and Heather Whitten; from Hickory, Gayle Bond; from Lincoln, Ryoko Higashi, Jennifer Hutchings and Michele Kaneshiro; from Riviera, April Pages; from Towers, Carol Grossi, Theresa McCarthy, and Jennifer Musgrave; from Victor, Paula Paulson; from Walteria, Kendra Lopez; from Wood, Shirley A. Briggs and from Yukon, Kimberly Shultz.

The winners from the middle schools are as follows: from Casimir, Grace Reeh and Rick Thompson; from J.H. Hull, Ron Ambro, Kim Gauna, Megan Wareham and Robert A. Nelson Jr.; from Madronna, Marissa Stillittano and from Richardson, Joe Petito.

The high school winners were as follows: from North, Katie Doupe and Sue Key; from South, Brett Davis and Samantha Espolt; from Torrance, Carlos Anwandter, Stephen Love, Charles David and Dana Hagen and from West, Ann Cortina and Marcia Kim. •

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## **Up and Adam**

consistency now that league play has started. That consistency was thought to have begun against Centennial in North's league opener when Zach Kimura went off for 21 points and Davante Jenkins added 18 in the team's home opener to get the 72-61 victory. The win was the second in a row for the Saxons, but just as they started to think about streaking, they were forced to welcome the South High Spartans into town. Austin Yamada and Adam Swainer each put in nine points for North, but it simply wasn't enough as the Saxons fell in a 75-66 loss. There is still plenty of time left for the fourth place Saxons to go on a run, but if they are going to begin now, they will have to start their streak against the

## from page 5 **TORRANCE HIGH**

The Torrance Tartars are having a rough go of things this season under first-year head coach Andru Vaughan. Things have gotten so bad for Torrance that the team may not even remember its last victory, which came over a month ago against Culver City in the Charlie Wilkins Tournament. The Tartars recently lost to the Lawndale Cardinals to run their losing streak to eight games in a row, but with losses to both South and Lawndale in the first two games of league play, the worst of the storm may indeed be behind. It is still early on in league play and if Vaughan can get his team on the same page, then victories over El Segundo and Centennial may do much to improve an otherwise uninspired season for the Tartars. •

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first place Lawndale Cardinals.

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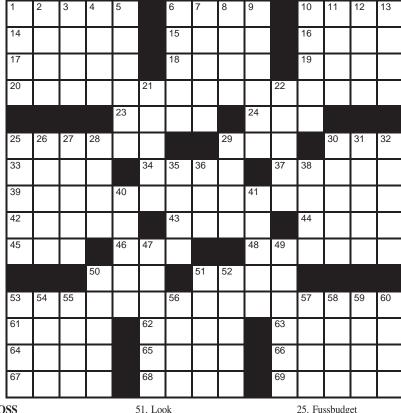
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## WEEKLY CROSSWORD See Answers Next Week **Two-Timers**



#### ACROSS

1. Wet nurses, overseas 6. Auction actions

10. Agenda

14. Japanese-American 15. Brown family member

16. Comme ci, comme ca

live one 18. Knock for a loop

19. Blood-related

20. Have many secrets 23. Arrives at

24. Belief

25. Whalebone

\_ show time!"

30. Baby carrier? 33. Favorite

34. Spot remover?

37. Colonel's insignia

39. Ambiguous expressions 42. Preserved, in a way

43. Wheedle

44. Chapter 11 issue 45. "May I help you?"

48. Social strata

50. Natl. Humor Month

46. Symbol of strength

12. "Yeah, right!"

13. All alternative

53. Looks twice

61. Fine things

62. Taro variety

65. Norse goddess of fate

1. Word with phase or retention

63. Send on

64. Authority

66. Quibbles

68. Cheese

**DOWN** 

2. Entangle

4. Principal

5. Fodder

6. Stupefy

8. Cudgel

10. Hymn

3. Like some salts

7. Sudden attack

9. Illuminated, in a way

11. Trickster of myth

67. Knock off

69. Play too broadly

21. Packed 22. City near Oberhausen 25. Fussbudget

26. Revere

27. Vuitton

28. Hamburg's river

29. Itty bit 30. Cousin of a bittern

31. Church property

32. Exploits

35. "Darn it!" 36. "Peace Piece" artist

38. Contributes

40. Antiparkinsonian agent

41. Surpass 47. Eager

49. Punish with an arbitrary penalty

50. Test, as ore 51. Indian caste

52. Key material

53. Blocks

54 Viva-voce

55. Vulcan's Chimney 56. Emanation

57. Bulls or Bears

58. Big top?

59. Set aside

60. Gael's tongue

## Last Week's Answers

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## SUDOKU Medium

	3		4	1				
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2				8				
	4		1	9			7	
	6	1		7		2	4	
	5			4	8		9	
				5				1
1	8				4	6		
				6	1		8	

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

# PETSPETSPETSPETS

## Pets Without Partners

Adopt a "pet without a partner" and cozy up with your new best friend.

Stanley is a sweet little Bichon Frise. His prior owner was placed into a nursing home and Stanley was her constant companion. He would love to find another home to spend his days with another retired person, or be a quiet adult home. Stanley is a great little dog who is good with mature teens and would prefer a quiet home without the bustling activity of young children. He is great on leash, can go up to three to four miles a day, will sit for treats and is completely housebroken with an open door or will use a doggie door. Stanley is a dog who will need regular grooming appointments, so remember this when budgeting for him. He was a little matted when he came to us. Once his coat grows out a bit, he can be groomed to have a Bichon cut. Stanley is seven to eight years old, weighs 13 pounds, is neutered, has had a



dental, is current on all vaccines, de-wormed, microchipped, and good with other dogs and mature children.

Chug is the cutest Pug mix ever--we call him Bug. His mother

was a purebred Fawn Pug and his dad was an eight-pound black Chihuahua. At three years old and 10 pounds fully grown, Bug is lovable, sweet and happy all the time. He has a darling personality and just loves to be carried around. Bug is patient and kind and as sweet as can be. Talk about a dog who knows he has been rescued, this dog knows it! He has nothing but 100 percent love and affection to give you. Chug (Bug) is neutered, current on vaccines, de-wormed,

and with other dogs.



Animals Rule has a special case and needs your help for Marley, a wonderful English Bulldog who came out of the Carson shelter. She was bred for her good looks--but unfortunately when all of her puppies died, the family no longer wanted her. Marley needs knee surgery and we need to raise the funds for her to walk, run and play again. Donations are tax-deductible and a receipt will be provided. Additional information is available on our website.

To learn more about these and other wonderful dogs, visit our website at www.animalsrule.org. If a dog is on our website, it's available. Or come to our Saturday adoption events from 11 a.m. to 3 p.m. at 305 North Harbor Boulevard in San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are tax-deductible. We are a registered 501©3 non-profit organization.

Saving one animal won't change the world, but the world will surely change for that animal. •

# **Purrrfect Companions**

Warm up these cold winter days by adopting your purr-fect partner.

A Calico charmer with adoring green eyes, **Ivy** is extremely sweet and affectionate. She loves to stretch out on your lap and purr contentedly as you enjoy your favorite film or a good book. Ivy is playful and expressive and would love to share your home with you. Ivy was rescued in Wilmington where she was nursing four kittens. All of her babies have found loving forever homes and now it's Ivy's turn. While she is a bit reserved at first, this angelic year-old sweetheart warms up into the most loving girl. She is incredibly dainty from her tiny paws to her adorable little face. Ivy would like a calm, quiet household where she can bask in safety and love and give love in return.

Scotty, short for Butterscotch, found his way into a classroom one day where he decided to make himself at home. As luck would have it, one of the teachers was a Kitten Rescue adopter and took him home. This handsome nine-month-old boy is a super-affectionate love bug who wants to spend all day snuggling and playing with his person. His favorite toy is any shape, size and color of kitty ball. He

will spend hours batting them around, chasing them down and pouncing on them. Scotty has a fantastic purr that just doesn't stop,



rumbling through his entire body without pause. Due to his time on the streets, Scotty doesn't like other cats



and would like to be the only kitty who gets your attention. If you are looking for a companion who will be glued to your side, this is the guy for you!

These kittens/cats are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, de-wormed and current on their vaccinations. For additional information and to see our other kitties, please check our website at www.kittenrescue.org, or email us at mail@kittenrescue.org. Your taxdeductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood Boulevard, #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Boulevard, just south of Manchester Avenue, and also in Mar Vista at 3860 Centinela Avenue, just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Be kind. Save a life. Support animal

# Veterinarian Superstar Comes to Rescue of Students

## **Courtesy of Long Beach Public Library Foundation**

Veterinarian superstar Dr. Greg Perrault has come to the rescue again. Better known for helping animals—most recently rescuing a Pit Bull named Blue from an owner who beat the dog on the street—this time Perrault rescued Long Beach students in need of books.



Perrault bought 167 copies of The Art of Racing in the Rain, a book about a dog, which the students will read as part of Long Beach

Reads One Book 2013. In the book, Enzo the dog narrates the poignant tale of a family involved in racing cars. "When I heard that the students might not be able to read the book before meeting author Garth Stein, I just had to help," he said. Budget cuts in the school district meant there was no money for such "optional" books this year, explained Wilson

High School Librarian Lia

The books will be read by students in three high schools and one middle school, said Ladas. She praised the books for their universal appeal. "With a loveable and wise dog narrator and a young race driver as protagonist, this book will be a real hit with our students! The books have arrived just in time

for the students to read them, and when the author comes on March 19, they will all be wanting his autograph."

Author Stein will also appear for the public at the Carpenter Center for Performing Arts on March 19, as the marquee event for Long Beach Reads One Book 2013, said Chair Susan Redfield. Multiple events are planned for March 12-19, which has been declared "Book Week" by overall sponsor Long Beach Public Library Foundation. "This book has been on the bestseller list longer than any other we've chosen in our 12-year history. Due to the popularity of dogs and racing in Long Beach, we're expecting a standing-room-only crowd." Tickets to Stein's performance can be purchased directly from the Carpenter Center at http:// www.carpenterarts.org/ (click on "Purchase Tickets") or call at 562-985-7000.

In addition to the author's appearance, events throughout the city will include a major family-friendly dog celebration at a local park, an expert panel on the human-animal bond, a racing history of the City, a multi-prize geocaching challenge, library programs, and more. Details will be posted as they are confirmed at www.lbplfoundation.org/enzo, and on Facebook at Long Beach Reads One Book.

Currently the Foundation is seeking a Long Beach Enzo to be the "face" of Book Weekowners of loveable, wise and articulate dogs should send a photo and a 100-word essay in the "dog's words" convincing the judges of why the dog would be the perfect Long Beach Enzo. Deadline is January 19. Send entries to lbreadsone@gmail.com.

The Library Foundation gratefully acknowledges numerous sponsors of this annual literary festival, including Richard Neri and Kurt Schulzman; Michael Ozaki, M.D.; Signal Hill Petroleum; Greg Perrault, DVM; Diane Jacobus; Jim Hankla; John W. Hancock Family Foundation; Naomi Rainey; Los Angeles County Supervisor Don Knabe, Fourth District; and Mary Taylor.

The Long Beach Public Library Foundation supports the City's 12 libraries by providing funding for book purchases, homework and other assistance for students and their families. A new program helps Veterans in their successful transition back to civilian life. More information can be found at www.lbplfoundation.org. •

## Don't Be Fooled, Seniors Rule!

As we've said before, "seniors rule!" Sophie is no exception as her new "mom" and little "sis" Lady will agree...

"Hi! Just received your card and made a donation online in memory of Poppy and also my darling Charlie, who passed in October at the ripe old age of 16 years and eight months! I miss them both. Miss Sophie is doing awesome! She certainly helped my heart heal when I first lost Poppy last November. Sophie is such a character and she has bonded beautifully with Lady, the Cavalier I rescued a week after adopting Sophie. Both girls were great for Charlie and

really cared for him when they knew his time was close. Sophie's back legs can be a little stiff at times, but I take her to the chiropractor once a month and that helps her a lot! She is so funny after her treatment--when I get her off the table, she does a funny little shake and almost skips. Here is another thing she does that makes me laugh: I found a round beanbag doggie bed on sale and thought I would get it (I am fostering for Cavalier Rescue) just in case I needed extra beds. I put it on the floor when I got home and Sophie took a running leap and landed right in the middle of it with a big smoosh. Every night after her dinner,

she does the same thing--takes a running leap and rolls on her back in the middle of all the crackling little beans. It's hilarious! She and Lady are very close. There are plenty of beds, but Sophie and Lady most often share or cuddle up on the sofa together. She does a pretty good job of hopping up on the sofa for a girl with little legs. She is so loving and she lets me know when she wants me to pick her up and cuddle and she rewards me with a kiss. I am so lucky that I found her... Happy holidays!" - Kay.

When you adopt a "pet without a partner," you will forever make a difference in their life and they are sure to make a difference in yours. •



# Rea Estate

# DIY Projects Refresh Your Space In One Weekend

(BPT) - Home and style magazines, social media and interior designers on TV are inspiring more homeowners to transform their spaces into places they love. Projects range for a space.

\* Identify. Stretch your remodeling dollars by identifying areas in your home that can be improved using limited resources. For

"With only a few hours and the right materials, you can dramatically update a room and create a beautiful space that reflects your style."

from renewing your bathtub to refreshing your backyard deck, and can be completed in just one weekend.

"With only a few hours and the right materials, you can dramatically update a room and create a beautiful space that reflects your style," says Ann Gearty, senior brand manager for Rust-Oleum, a more than 90-year-old coatings company.

Gearty recommends four guidelines before starting any DIY project:

\* Imagine. Picture your room finished and determine what improvements will create the greatest visual impact. A clean and updated floor will help you see which areas should be tackled next.

\* Prioritize. Starting with one project at a time will help you see results more quickly. Once your first project is complete, it will provide motivation for other items on your to-do list. Flooring is a great starting point for many homeowners as it sets the tone

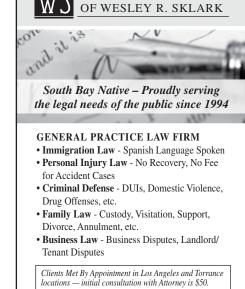
THE LAW OFFICES

example, bathrooms are smaller spaces that allow you to maximize your budget and enjoy the results every day. For less than \$50, the Rust-Oleum Tub and Tile Kit includes all of the cleaning and etching tools needed to update the look of your bathroom by changing the tub or tile color - and it saves the cost and mess of buying and installing a new tub or tile.

\* Schedule. Time-intensive projects can create disorder and take over your entire living space for weeks. All-inclusive kits save you time at the home improvement store and help you accomplish projects, from start to finish, in one weekend or less.

Indoors or outdoors, home improvement project kits can help you fix common household problems and extend the life of your favorite features. Many projects can be completed for less than \$100, providing budget-friendly options to refresh your home from floor to ceiling. •









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## **JUST LISTED!**

4 bedrooms, 3 baths, 2,208 sq ft and completely remodeled! 2-car garage with additional 15'x18' open shop space. This home is great for entertaining with its two dining rooms, den, double fireplace, pool, spa, and basketball court. Enjoy a 180° ocean and Catalina view from 3 bedrooms, living room and the backyard.

Listed at \$1,099,000